

CF Objective	1	Date		CF Objective	1-5	Date		CF Objective	2	Date		CF Objective	2a	Date	
Intro Side by Side				Spotting				Piloting				Receiving			
Key Points: 1. Use of front / rear risers 2. Canopy compatability test 3. General awareness (Alt. - D.Z.)				Key Points: 1. Clear of freefall air space 2. Down wind spot 3. Assessment of upper winds				Key Points: 1. Control & keep heading 2. Receiving with feet				Key Points: 1. Toggles stowed 2. Large Body Position			
signature				Signature				Signature				Signature			
CF Objective	3	Date		CF Objective	3a	Date		CF Objective	4	Date		CF Objective	5	Date	
Pinning				Breakoffs				Close 3rd				Close 4th			
Key Points: 1. Pinning on front risers 2. Pinning on brakes 3. Correct Picture				Key Points: 1. At 1,500 feet, unless landing 2. Pilot chutes clear				Key Points: 1. Do not cross in front of stack 2. Stay on your side of stack (right) 3. Dock centrally on risers				Key Points: 1. As per 3rd but stay on left side of stack 2. Dock centrally on risers			
				CF Jump											
				Downplanes											
				CF Jump											
				Bi hands											
Signature				Signature				Signature				Signature			
CF 1		Date		CF Jump		Date		CF Jump		Date		CF Jump		Date	
Qualifying Jump				Landing (Optinal)				Offsets & Sashaying				Rotations			
Key Points: 1. Brief Load & Pilot: 2. self spot: 3. build four stack: 4. land in P.L.A. Well done - CF One Award (CCI endorsement)				Key Points: 1. No turbulent conditions 2. Sink rate of stacks 3. Correct canopies				Key Points: Cross control Front risers / opposite toggels				Only to be performed with suitably qualified persons			
												CF Jump			
												Sequential			
												Only to be performed with suitably qualified persons			
Signature				Signature				Signature				Signature			