

BPA FORMATION SKYDIVING COACHES

1. QUALIFICATIONS

- a) The recommendation of a CCI.
- b) A minimum of 200 freefall descents and 2 hours of freefall time.
- c) Two years involved in Sport Parachuting.
- d) Be at least a;
 - i) Category System Basic Instructor, or
 - ii) Has attended a Sportscoach UK Course on 'Coaching Methods and Communication', or
 - iii) Has specific teaching or coaching qualifications, or
 - iv) Has attended a Methods of Instruction lecture, given by a BPA Advanced Instructor, or
 - v) Has attended a Military Methods of Instruction Course.
- e) Is fully familiar with the current FS Manuals.

2. EVALUATION

Evaluation will be made by an Advanced Instructor who is an AFF Instructor, an AFF Instructor nominated by an Advanced Instructor, or an FS jumper of a proven high standard nominated by an Advanced Instructor and acceptable to the National Coach & Safety Officer (NCSO) and/or Technical Officer (TO).

3. GROUND SCHOOL EVALUATION

This will include the full ground training phase of two complete FS jumps, one of which should be a one on one and the other a group of three or four.

All applicants are strongly advised to use an FS video in their coaching programme.

4. IN AIR EVALUATION

This should be one of the one on one FS jumps, it should include the whole of the following:

- i) The brief and dirt dive, from the twenty minute point.
- ii) The climb to altitude.
- iii) The skydive where the Evaluator will make typical student errors.
- iv) The debrief.
- v) Logbook entries, which should include any corrective training required.

5. THE EVALUATOR'S TASK

The 'in air' phase as already stated would include typical student mistakes. The candidate should not only be aware of these mistakes but should attempt to correct them in the air by use of signals or other means.

On the ground the candidate should make good use of training aids and have a good coaching manner.

The candidate should demonstrate a good knowledge of the basic principles of teaching and coaching.

6. SAFETY

The candidate should not attempt to take on the role of an Instructor.

In air Instructors (AFF) operate to a different criteria to FS Coaches, this should always be remembered.

The candidate should not try to change a student's emergency procedures, unless they break BPA rules, in which case they should refer to an Instructor.

The FS Coach is in no way responsible for the deployment of the student's canopy.

Always if in doubt refer back to an Instructor.

7. RENEWALS

The FS Coaches rating should be reviewed on a bi-annual basis, and should be carried out by an Advanced Instructor who is also an AFF Instructor. This may be done by perusal of the logbook (which should then be indorsed), or by ordering a re-evaluation. This same person may at any time revoke the rating should there be just cause. (The BPA should be notified).

NOTE

- i) FS Coaching Courses/Evaluations may be held at any parachute Club/Centre, provided all the above criteria is met.
- ii) Details of Sportscoach UK Courses can be obtained from Sportscoach UK, Leeds.
Tel: 0113 274 4802, Fax: 0113 275 5019, e-mail: coaching@sportscoachUK.org